

Understanding Emotionally Based School Avoidance (EBSA)



When: Tuesday 26th November 2024 at 1pm

Duration: Approximately 60 minutes

There are many reasons why children miss school. Emotionally based school avoidance (EBSA) is one of the reasons that is particularly rooted in anxiety or fear with potentially great consequences for the child. It is a pattern of prolonged absence where a child has a severe difficulty attending school due to emotional factors. However, EBSA and related behaviours are often misunderstood by parents, carers and schools. This lack of understanding of EBSA sometimes results in responding in unhelpful ways and making things worse.

This online session will aim to provide an overview of EBSA while demystifying it. Specifically, during the session we will be:

- Drawing attention to the signs of EBSA;
- Analysing risk and protective factors for developing EBSA;
- Sharing practical techniques for supporting children.

Led by Marijana Filipovic-Carter, Move-More's Head of Family support, this webinar will provide insights and actionable tips for parents and caregivers

How do you sign up for the online session?

To register for this online session, please follow this link

www.move-more.org/events/parent-webinar-ebsa/

It will take you to our website where you will be asked to answer a few simple questions. We would encourage you to register even though you might not be able to attend the session live, as all registered participants will receive a recording of the session to watch in their own time. After registration you will receive a confirmation email that will also include a zoom link for the live session. If you don't receive the confirmation email, please don't hesitate to contact Marijana on marijana@move-more.org.

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