

PSHCE – Progression Map EYFS-Year 6



Our Vision: To understand their impact on the wider world and themselves in how they build relationships, lead healthy lifestyles and support themselves and others effectively throughout their life.

Year Group	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS	Me and My relationships – Me, Special People, Feelings	Valuing Difference - families	Keeping Myself Safe; understand my school and environment	Rights and Responsibilities – caring for the environment	Being my Best- sleep and healthy eating	Growing and changing
Y1	Healthy Lifestyles; Eating well, Keeping clean, Catch it kill it bin it, sleep	Keeping Safe; school rules, stranger danger	Growing and changing; bike riding, then and now, my wonderful body. Keeping privates private	Healthy relationships; feelings and emotions Secrets, good and bad touches, bullying, sharing pictures	Valuing difference; It's not fair	Living in the wider world; money, environment, basic first aid (999)
Y2	Healthy Lifestyles; what does my body need; keeping clean, in my bathroom	Keeping Safe; respecting privacy, saying when you don't feel safe	Growing and Changing; Haven't you grown, My body your body	Healthy relationships; feelings and emotions I don't like that, should I tell? Bullying and teasing – feeling safe	Valuing difference; act of kindness	Living in the wider world; looking after each other, how to manage when you feel like erupting, basic first aid
Y3	Healthy Lifestyles; staying well and eating well	Keeping Safe; Helping each other	Growing and environment; Pets, bodies starting to change	Healthy relationships; feelings and emotions Body space, friends are special, solving problems	Valuing difference; Respect and challenge, celebrate difference	Living together in the wider world; affording things, community, first aid
Y4	Healthy Lifestyles; making choices	Keeping Safe; Danger, risks, hazards. Norms. Medicine	Growing and environment; Keeping changing bodies clean, periods	Healthy relationships; feelings and emotions	Valuing difference; what makes me me! Friend or acquaintance	Living together in the wider world; 7 R's, taxes, first aid

				Can you sort it together, Different feelings		
Y5	Healthy Lifestyles; smoking what is normal	Keeping Safe; Bullying, drugs, identifying risks	Growing and environment; growing up, changing bodies and feelings too.	Healthy relationships; feelings and emotions Taking notice of our feelings, collaboration and give and take	Valuing difference; Happy being me, qualities of friendship; kind conversations	Living together in the wider world, local councils, wider community, spending wisely, first aid
Y6	Healthy Lifestyles; 5 ways to wellbeing, I look great	Keeping Safe; Drugs, alcohol, the law, what is normal? Peer pressure	Growing and environment; gender stereotypes, managing change, media manipulation, making babies	Healthy relationships; feelings and emotions Behave yourself, acting appropriately, don't force me, solving friendship problems	Valuing difference; Respecting difference, it is ok to be different	Living together in the wider world; Children's rights, fakebook friends, wider community, saving and spending project, first aid